



**(INSERT INSTITUTION’S NAME AND PROGRAM TITLE) Receives Insight Into Academia Magazine’s 2025 Excellence in Mental Health and Well-Being Award**

**National recognition of institutions that commit to campus-wide integration of mental health initiatives, including accessible services, peer support, emotional resilience, and proactive policy.**

(INSERT CITY AND DATE)—Today, (INSERT YOUR INSTITUTION’S NAME AND PROGRAM TITLE) received the 2025 Excellence in Mental Health and Well-Being Award from Insight Into Academia magazine, the largest and oldest diversity and inclusion publication in higher education. The Excellence in Mental Health and Well-Being Award is a measure of an institution’s individual programs and initiatives that significantly advance the core values of inclusive excellence and belonging through programs, initiatives, and many other campus priorities deserving of this national recognition.

(INSERT INSTITUTION’S NAME) will be featured, along with 70 other recipients, in the September 2025 issue of Insight Into Academia magazine.

(INSERT A QUOTE FROM AN OFFICER OF YOUR INSTITUTION)

Insight Into Academia magazine selected (INSERT INSTITUTION’S NAME AND PROGRAM TITLE) because (PROVIDE SPECIFIC, ADDITIONAL DETAILS ABOUT YOUR PROGRAM).

“We know that institutions are not always recognized for their dedication to their mental health and well-being services and support for their students and employees,” says Lenore Pearlstein, owner and publisher of Insight Into Academia magazine. “We are proud to honor these colleges and universities as role models for other institutions of higher education.”

A call for nominations for this award was announced in March 2025.

For more information about the 2025 Excellence in Mental Health and Well-Being Award, visit [insightintoacademia.com](https://insightintoacademia.com).

## List of 2025 Excellence in Mental Health and Well-Being Award Winners:

Alamo Colleges District	Mount St. Joseph University
Alvernia University	Nazareth University
Arizona State University	New Jersey Institute of Technology
Baylor College of Medicine	Nova Southeastern University
Brevard College	Oakland Community College
Central Connecticut State University	Orvis School of Nursing, University of Nevada, Reno
Central Michigan University	Pellissippi State Community College
Claremont Graduate University	Pikes Peak State College
Colorado State University Pueblo	Pratt Institute
CUNY York College	Ramapo College of New Jersey
DePauw University	Ringling College of Art and Design
Drexel University	Rutgers, The State University of New Jersey
Eastern Illinois University	Southern Illinois University, Carbondale
Edward Via College of Osteopathic Medicine - VCOM	Southern Oregon University
Florida Institute of Technology	St. Mary's University, San Antonio, TX
Frontier Nursing University	Stockton University
Goucher College	Student Health, Wellness and Prevention Services, Stony Brook University
Grand Valley State University	SUNY Old Westbury
Harper College	Syracuse University, Whitman School of Management
Harris-Stowe State University	Tarrant County College
Harvey Mudd College	The University of California, Irvine
Hudson County Community College	The University of Georgia College of Pharmacy
Indiana University	Towson University
Kennesaw State University	University at Albany, State University of New York
Lesley University	University of California, Davis, School of Veterinary Medicine
Livingstone College	University of Connecticut
Loyola Marymount University	University of Florida College of Veterinary Medicine
Macomb Community College	University of Houston College of Pharmacy
Malcolm X College	University of Maryland, Baltimore
Meridian Community College	University of Nebraska College of Law
Miami University	University of Pittsburgh
Mississippi State University College of Veterinary Medicine	University of Richmond
Missouri University of Science and Technology	University of South Florida College of Nursing
Molloy University	UNM Student Health and Counseling
Montgomery County Community College	Upstate Medical University
Moraine Valley Community College	Wake Technical Community College
Mount Mary University	Wichita State University

## About Insight Into Academia

Insight Into Academia magazine is the largest and oldest diversity and inclusion publication in higher education today. Insight is the leader in recognizing inclusive excellence in higher education through its many prestigious awards, and in advancing best practices in inclusive excellence and belonging through their website and print magazine.

At Insight's online Career Center, readers will also discover career opportunities that connect job seekers with institutions and businesses that embrace a diverse and inclusive workforce. Current, archived, and digital issues of Insight Into Academia magazine are available online at [insightintoacademia.com](http://insightintoacademia.com).



**The Leader In Advancing Best Practices In  
Higher Education Excellence and Belonging**